



## **GUIDANCE FOR REGIONAL COACHING ENVIRONMENTS**

- Ensure that all volunteers have clearly defined and understood roles.
- Encourage all volunteers to gain the appropriate training and qualifications.
- Conduct CRB checks on all volunteers and paid coaches falling within the definition of regulated activity working with children and/or vulnerable adults.
- Endeavour to provide a person qualified in First Aid at all sessions.
- Where there are mixed sex groups ensure that there is a balance between male and female volunteers and appointees.
- Ensure that the ratio of appointees to children is appropriate for the activity (approx. 8:1).
- Ensure that changing is managed and appropriately supervised preventing mixed changing and adults changing at the same time in the same areas as children..
- Adopt a clear health and safety policy covering fire procedures, telephone access, first aid and emergencies.
- Keep up to date records of emergency telephone numbers and any relevant medical conditions.
- Implement clear child protection procedures including display of a Pentathlon GB Safeguarding and Child Protection Poster with contact details for anyone with concerns.
- Encourage children to voice any worries they might have about the activities they are taking part in and the people around them.
- Ensure that all Members, parents and young people know whom to approach if they have any problems.
- All clubs should have First Aid provision by ensuring there is a qualified First Aider on site, First Aid boxes are up to date and accessible

There is access to a phone to be able to contact the emergency services if required